Naomi Cowen

CAMERA ASSISTANT - STEADICAM

North London / Norfolk

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EQUIPMENT EXPERIENCE

ARRI: Alexa 35, Mini LF, Mini, Amira, Classic

CANON: C500 range, C300 range, 5D range, XF range **SONY:** Venice 1 & 2, FX9, FX6, FX3, FS7 MKII, A7 range

RED: V-Raptor, Komodo, Gemini

STEADICAM & GIMBALS: Tiffen Zephyr & M2, DJI Ronin 2, RS2 & 3, Movi Pro

LENS CONTROL: Arri LCS, Tilta Nucleus M, CineTape

MONITORS & WIRELESS: SmallHD, TV Logic, Atomos, Teradek, Vaxis

KEY INFO

- Tiffen Steadicam Bronze Certified
- Full UK driving licence & own car
- British Passport holder
- Fully vaccinated & boosted
- Competent driving large vans
- Experienced with camera slating, video village setup & lens control

BROADCAST, COMMERCIAL & DOCUMENTARY CREDITS

DATE	PRODUCTION	ROLE	Crew	FORMAT
Apr 2024	LFC Reloaded (Dailies - In Production) Lorton Entertainment	Shooting Camera Assistant	DOP: Simon Rowles Showrunner: Richard Cooke	Sony FX9
Apr 2024	MG3 Hybrid+ 'Feel Good' commercial Lambda Films/M3 Agency	Steadicam Operator	DOP: David Stafford Director: Alex Morris	Arri Alexa Mini
Mar 2024	The Only Way is Essex S33 (Dailies) Lime Pictures/ITVBe	Camera Assistant	DOP: Jacob Niblett Director: Tom Webster	Sony FX9 & FX6
Feb-Mar 2024	Bake Off: The Professionals S9 (In Post) Love Productions/Channel 4	Shooting Camera Assistant	DOP: Damien Eggs Director: Nick Berry	Canon C300 MKIII
Nov 2023	Fighting Demons (In Post)	Camera Assistant	DOP: Chris Stevens Director: Simon Stock	Red Komodo
Aug 2023	Loaded in Paradise S2 (Master Interviews) TwoFour/ITV2	Camera Assistant	DOP: Dan Juba Director: James Kayler	Sony FX9
Feb-Jul 2023	Can I Tell You A Secret? Mindhouse/Netflix	2nd AC	DOP: Jamie Cairney, Tom Doran Director: Liza Williams, Tash Gaunt	Sony FX9 & FX6
Jan 2023	Get Gotti (Dailies - Visuals) Raw TV/Netflix	2nd AC	DOP: Jamie Cairney Director: Sebastian Smith	Red Komodo
Jun- Aug 2022	The Only Way is Essex S30 Lime Pictures/ITVBe	Camera Assistant	DOP: Jacob Niblett, Andy Clifford Director: Dave Reid	Sony FX9 & FX6

Jul The Mind of Herbert 2021 Clunkerdunk S2 Tiger Aspect/BBC Camera Trainee/Unit Driver DOP: Chris Fergusson Director: Martin Sterling Canon C300 MKIII

CORPORATE, PRESS & ONLINE CONTENT

DATE	Production	ROLE	CREW	FORMAT
Mar 2024	Arsenal - Visit Rwanda (Dailies) Easel Film/Online Content	Camera Assistant	Operators: Callum Graham, Jono Moore	Sony FX6
Mar 2024	L'Oréal Mugler Madam Films/Online Content	Camera Assistant	DOP: Tangi Seznec Director: Antoine Bal	Blackmagic Pocket 6K
Dec 2023	Aquaman 2 Press Junket Easel Film/Online Content	Camera Assistant	DOP: lain Ovenden	Sony FX9 & FX6
Dec 2023	Wonka WB CrewHQ Careers Day PMA/Online Content	Camera Assistant	DOP: Matthew Marschner DOP: Paul Arton	Sony FX9
Nov 2023	Katherine Ryan: Parental Guidance Promo <i>UKTV/W</i>	Camera Assistant	DOP: Emma Edwards Director: Jess Newark	Sony FX9
Nov 2023	Air Products Insitu Digital/Corporate	Camera Assistant	DOP: Michael Saunders Director: Martyn Bull	Sony FX9, FX6 & FX3
May 2023	Enter Shikari at Slam Dunk Festival South Kode Media/Online Content	Camera Assistant	Operators: Jonny Rhodes, Martin Roach, David Postlethwaite & Tom Challis	Sony FX9, FX6 & FX3
Sept 2022	Real Chemistry UCB - Moments That Matter Inspired/Corporate	Camera Trainee	DOP: Oli Cohen Director: Nick Mason	Arri Alexa Mini
June 2022	Paramount+ Press Junket Premier Creative	Camera Assistant	Operators: Owen Knott, Mark Robinson, Joshua Montague	Sony FX9
May 2022	Shape of Me Shift 4 & British Cinematographer/ Online Content	2nd AC	DOP: Colin Coomber	Sony Venice 2

SHORT FILM CREDITS

DATE	P RODUCTION	ROLE	CREW	FORMAT
Sept 2023	Selvedge	Camera Assistant	DOP: Colin Coomber Director: Aleksandra Czenczek	Red Gemini
Aug 2023	Britannia	Camera Assistant	DOP: lain Ovenden Director: Amartey Golding	Sony FX9 & FX6

RELEVANT PREVIOUS EXPERIENCE

Shift 4 | London branch | Jun 2021- Oct 2023 Senior Kitroom Technician

Trained in carrying out thorough checks, minor repairs, prepping and testing all equipment (cameras, lenses, lighting, grip, audio) whilst providing support and training throughout the kitroom when required. Liaised with productions, DOP's and assistants, as an in-house camera assistant, working on location when required, gaining experience across reality, documentary and other broadcast productions.

EDUCATION

Bournemouth University (2019-2020); *PGDip Cinematography* **Norwich University of the Arts (2016-2019)**; *BA (Hons) Photography*

References available on request

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